

[HOW TO IMPROVE MEMORY BOOK](#)



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Excellent book on memory techniques. I have not yet read others books on memory improvement, but I loved the simple techniques of Mr Higbee. The Loci system, the Rhyming technique and the Phonetic system all have various benefits, and they do work. The only issue is (just like with everything) is you need to practice them to get the most out of them.

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